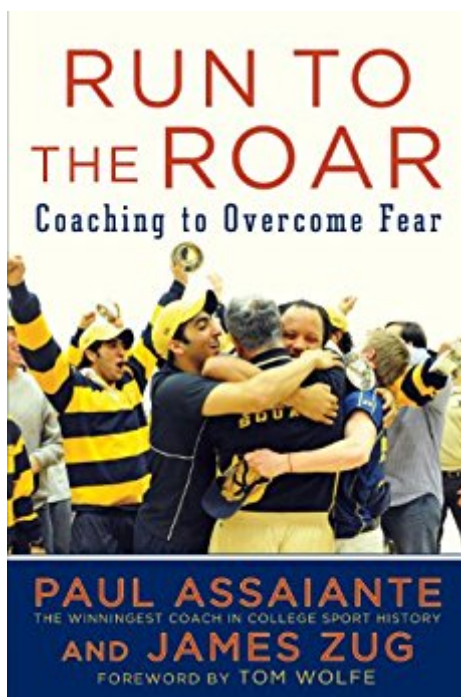


The book was found

Run To The Roar: Coaching To Overcome Fear



Synopsis

The winningest coach in NCAA history shares his lessons on building and coaching teams of champions. For 202 consecutive dual matches over the past eleven years, the Trinity men's squash team has gone unbeaten. No other team in any collegiate sport has achieved the same sustained level of greatness. *Run to the Roar* is the story of a coach who succeeds in recruiting young men from around the world, getting them to work as a team, managing personalities, calming egos, and encouraging daily effort and focus under pressure. The book's framework is the finals of the 2009 national intercollegiate team championships. As Trinity scrapes out a 5-4 victory over Princeton, Assaiante imparts the insights and experiences that have made him a master coach. In stark contrast to his Trinity dynasty, Assaiante also openly discusses the deep emotional turmoil he faces as the parent of a heroin addict. *Run to the Roar* is not just a book about squash; it is an invaluable and unique reflection on mentoring, leadership, and parenting from one of the most innovative and successful coaches in collegiate athletics.

Book Information

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Nonfiction > Sports > Coaching

Customer Reviews

Coach Assaiante's story is truly inspirational and his original leadership approach provides lessons

for all. His amazing run at Trinity will likely never be matched. The book is a fast-paced read and the excitement of the match against Princeton kept me on the edge of my seat. Highly recommended to anyone looking for tips on effective leadership or just interested in one of the most exciting sports stories in recent times.

Paul Assaiante has had an incredible run as a winning coach on the court, yet he stresses how much more important it is to understand your players and learn what motivates them. He's a humble man, to boot! Very impressive and inspirational read.

This well written book tells the compelling story of the perks and perils of persistence and dedication to victory. It is an inspirational read that also compels introspection and a great respect and appreciation for the sacrifices made by every person who achieves success. The running tally of matches and victories adds an engaging tension to the story throughout and into the epilogue...Another great book from J.W. Zug.

Live for the day & take the time to enjoy the journey. The result may count but in the big picture mean so little. This is a living life & doing good deeds. I do not play squash & received this really great & very engrossing read that virtually no one will not truly enjoy. For my money this one of the greatest & insightful of all the sports books ever written & I have read many of them.

Knowing Paul personally as his representative as a speaker, he shares not just his lessons as a squash coach, but lessons as a life coach. He is one of the most humble and inspiring people I know. Great coach, great man, great speaker. Diane Goodman

GREAT INSIGHT AND ABILITY TO WORK WITH YOUNG SQUASH PLAYERS. A LESSON IN HOW TO COACH! SHOULD BE REQUIRED READING FOR ALL WHO COACH A SPORT OR WORK WITH YOUNG PEOPLE.

Have enjoyed and watched the progression of Trinity squash for over 30 years and also love the game, so this book was "over the tin in the corner" for me.

WONDERFUL BIO OF THE DIFFICULTY OF BEING SUCCESSFUL AT THE OFFICE AND NOT SO MUCH SO AT HOME. GREAT SUMMARY OF WHAT HAPPENS TO ADDICTS.

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